



Viral Lathia, MD

Ankle Brachial Index (ABI) Instructions

Request:

- Please arrive **10 minutes early** for your scheduled appointment. If you are more than 15 minutes late, you will be rescheduled

Preparing for the test:

Morning of appointment	<ul style="list-style-type: none">• DO NOT use any creams, lotions, ointments, oils, or powders over your legs or arms the day of the test• Wear loose-fitting comfortable clothing: 2 piece and sneakers NO jumpsuits, overalls, or one-piece dresses• Please bring a list of medications and/or actual bottles (including over the counter and herbal supplements). We need complete medication names & dosages• Dr. Viral Lathia will discuss the test results
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