



Viral Lathia, MD

Electrocardiogram (EKG) Instructions

Preparing for the test:

Morning of appointment	<ul style="list-style-type: none">• DO NOT use any creams, lotions, ointments, oils, or powders over your legs or arms the day of the test• Wear loose-fitting comfortable clothing: 2 piece and sneakers NO jumpsuits, overalls, or one-piece dresses• Please bring a list of medications and/or actual bottles (including over the counter and herbal supplements). We need complete medication names & dosages• Dr. Viral Lathia will discuss the test results
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